Simple activities such as eating, dressing, shaving or raking the yard are performed everyday without giving it a second thought. However, stiff or frozen elbow joints as a result of injury, trauma, surgery or disease can often make completion of these activities painful, awkward and many times impossible.

Multiple clinical studies have shown that the Dynasplint® Elbow Systems are an effective modality for restoring elbow range of motion for a variety of orthopedic and neurological diagnoses. The Dynasplint® Elbow Systems apply a low-load, prolonged-duration stretch (LLPS) directly across the joint axis using a bilateral tensioning system. They are fully adjustable, comfortable, conveniently labeled and available in adult, pediatric and infant sizes.

LLPS has been used successfully for more than 50 years to treat joint stiffness and limited range of motion caused by shortened connective tissue. The spring-loaded Dynasplint® Systems constantly seek the patient’s available end range of motion and continue to gently stretch the joint. Dynasplint® Systems’ technology applies LLPS to permanently lengthen soft tissue using the principle of TERT (Total End Range Time).

Dynasplint® Systems can be used as an adjunct to occupational and physical therapy. Early application can dramatically reduce time and cost associated with range of motion rehabilitation—in many cases by more than 50 percent.

HOW TO ORDER DYNASPLINT® SYSTEMS:

STEP 1. Call our toll-free number* and ask for your local sales consultant

STEP 2. Fax* the following information:
- Patient information
- Insurance information (include copy of insurance card)
- Rx and/or Certificate of Medical Necessity (CMN)
- Most recent chart notes

*see reverse side
“At our busy trauma center, the Dynasplint® Elbow System has been an invaluable resource in the treatment of post traumatic elbow stiffness. Decreasing rehabilitation time and gaining range of motion faster has been a great benefit to us as well as to the patient.”

-Stephen Augustine, MD
University of Florida; Shands Hospital
Jacksonville, FL

FEATURES AND BENEFITS
- LLPS (Low-Load, Prolonged-Duration Stretch) technology has been proven to successfully treat joint stiffness and limited range of motion
- Early application can reduce time and cost associated with range of motion rehabilitation
- Simple, adjustable and reproducible bilateral tensioning system
- Available for rent or purchase
- Biomechanically correct
- Comfortable to wear
- Each Dynasplint® System is recycled to reduce waste and help the environment
- A Dynasplint® Systems consultant will fit your patients and oversee their treatment to ensure the best possible results
- Over a quarter of a million patients have been successfully treated with Dynasplint® Systems
- Conveniently labeled and easy to use
- Available for adult, pediatric and infant patients

COMMON DIAGNOSES
- Radial head fractures
- Humeral fractures
- Open reduction internal fixation (ORIF)
- Elbow dislocations
- Elbow fractures
- Radial or ulnar fractures
- Burns
- Joint arthroplasties
- Head trauma and spinal cord injuries
- Cerebral palsy (CP)
- Cerebral vascular accident (CVA)
- Other neurological conditions

Clinical studies have shown that early incorporation of Dynasplint® Systems into a patient’s treatment regimen can dramatically decrease time and cost associated with range of motion rehabilitation—in many cases by more than 50 percent. Used as an adjunct to occupational and physical therapy, Dynasplint® Systems have been proven to significantly improve patient outcomes.

ROM REHAB TIME AND COST REDUCTION

<table>
<thead>
<tr>
<th>MEASUREMENTS</th>
<th>Elbow Extension</th>
<th>Elbow Flexion</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Weight</strong></td>
<td>Adult: 2.0 lb 0.91 kg</td>
<td>Pediatric: 14.40 oz 0.41 kg</td>
</tr>
<tr>
<td></td>
<td>Adult: 2.0 lb 0.91 kg</td>
<td>Pediatric: 14.40 oz 0.41 kg</td>
</tr>
<tr>
<td><strong>Upper Arm Range of Length</strong></td>
<td>6.50 – 8.50 in 16.51 – 21.59 cm</td>
<td>4.25 – 7.00 in 10.80 – 17.78 cm</td>
</tr>
<tr>
<td></td>
<td>3.125 in 7.94 cm</td>
<td>4.25 – 7.00 in 10.80 – 17.78 cm</td>
</tr>
<tr>
<td><strong>Lower Arm Range of Length</strong></td>
<td>7.125 – 9.75 in 18.10 – 24.77 cm</td>
<td>5.25 – 6.875 in 13.34 – 17.46 cm</td>
</tr>
<tr>
<td></td>
<td>3.625 in 9.21 cm</td>
<td>5.25 – 6.875 in 13.34 – 17.46 cm</td>
</tr>
<tr>
<td><strong>Range of Motion</strong></td>
<td>65° flexion to 25° hyperextension</td>
<td>65° flexion to 25° hyperextension</td>
</tr>
<tr>
<td></td>
<td>65° flexion to 25° hyperextension</td>
<td>50° flexion to 140° flexion</td>
</tr>
<tr>
<td></td>
<td>50° flexion to 140° flexion</td>
<td></td>
</tr>
</tbody>
</table>

Stretch Beyond Your Expectations.
Dynasplint® Systems aid in restoring physical function to patients with joint stiffness and limited range of motion. The key to its effectiveness is the low-load, prolonged-duration stretch (LLPS) that delivers a correct biological stimulus to create a permanent length change in shortened connective tissue. Dynasplint® Systems have been clinically proven to reduce time and cost associated with range of motion rehabilitation – in many cases by more than 50 percent.

<table>
<thead>
<tr>
<th>Patient Information</th>
<th>Date of Birth</th>
</tr>
</thead>
<tbody>
<tr>
<td>First Name</td>
<td>Last Name</td>
</tr>
<tr>
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</table>

<table>
<thead>
<tr>
<th>Start Date of Order (MM/DD/YY)</th>
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</thead>
</table>

<table>
<thead>
<tr>
<th>Select Joint(s)</th>
<th>Select Direction(s)</th>
<th>Select Type(s)</th>
<th>Select Side(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shoulder</td>
<td>Flexion</td>
<td>Infant</td>
<td>Right Limb</td>
</tr>
<tr>
<td>Elbow</td>
<td>Extension</td>
<td>Pediatric</td>
<td>Left Limb</td>
</tr>
<tr>
<td>Supination/Pronation (Forearm)</td>
<td>Dorsiflexion</td>
<td>Youth</td>
<td>Bilateral</td>
</tr>
<tr>
<td>Wrist</td>
<td>Plantar Flexion</td>
<td>Adult</td>
<td></td>
</tr>
<tr>
<td>Carpal Tunnel</td>
<td>Supination</td>
<td>Neurological</td>
<td></td>
</tr>
<tr>
<td>MCP-Hand</td>
<td>Pronation</td>
<td>External Fixator</td>
<td></td>
</tr>
</tbody>
</table>

**Accessory Items**
- Resting Hand/Wrist Orthosis
- MPO 2000® Active Control Boot
- Hip Abduction Pillow
- Darco® Shoe (for use with Ankle Dynasplint® System)
- Other: ______________________

**WRIST DYNASPLINT® SYSTEM HANDPIECE ATTACHMENTS**
- Hand Pan "C" Cup Attachment
- Padded Palmar Hand Attachment
- Universal Flat Piece Hand Attachment
- Mitt Splint Hand Attachment
- Anti-Spasticity Ball Hand Attachment

**Diagnosis**

(Please provide patient chart notes related to this diagnosis.)

<table>
<thead>
<tr>
<th>Date of Onset/Surgery/Injury</th>
<th>ICD-9 Code</th>
</tr>
</thead>
</table>

**Current ROM**

- ROM

**Length of Need**

- 1 Month
- 3 Months
- 6 Months
- Lifetime
- Other: ______________________

**Physician Information & Signature**

- Physician's Name [Please Print]
- Phone Number
- NPI/UPIN Number
- Fax Number
- Street Address
- City
- State
- Zip Code

**Physician Written Order & Certificate of Medical Necessity**

NO SUBSTITUTIONS ALLOWED – In my opinion, in accordance with accepted medical practice standards, the above named patient requires the exact Dynasplint® System(s) as dispensed by Dynasplint Systems, Inc., for the diagnosis indicated.

<table>
<thead>
<tr>
<th>Physician's Signature</th>
<th>Date</th>
</tr>
</thead>
</table>

This form is needed to bill the patient's insurance. Please complete and return.

Stretch Beyond Your Expectations.